

## **First aid in school**

It is beyond doubt that knowledge of first aid promotes a safer and healthier environment. Vidyavalley's staff is well equipped with first aid skills contribute to enhancing the safety of the school. Many students also have knowledge about first aid. Many time students experience accidents while they are at school. The victim can be given initial assistance until the doctor arrives. It is important to have trained staff and students who can their skill and take quick action to treat the affected person. They apply the right procedures to prevent more damage.

We giving first aid training to the students and staff time to time because teachers and students with good knowledge of first the first aid are likely to be more alert and active. First aid promotes the sense of safety. It makes them capable of managing incidents and assessing casualties.

First aid plays a great role in preventing the situation under control.

### **First aid preserve life.**

People equipped with first aid skill can handle emergencies in an efficient manner. Their quick response and right methods of treatment can help save lives. A trained person is more composed and confident in critical situation. Having a well-trained first aider around help them relax and stay calm in the event of an emergency.

The basic first aid knowledge helps in treating.

- Bleeding
- Burns
- Heart smoke
- Head injuries
- Bone injuries
- Muscle injuries
- Joint injuries
- Choking
- Fainting
- Chest pains
- Asthma
- Allergic reactions.